

What Men Know #43: Defense For Sisters And Girl Friends

When A Man Or Boy Disrespect You Call Him "Sir".
Sir is a title of honor created by God.
A man or boy responds with care and dignity when he is called Sir.
If he is not manly he will leave your presence.

Say, "Sir..."

A guy grabs you: You say, "Sir, please let go of me."
A boy younger than you talks dirty: You answer, "Sir, stop disrespecting me (us)."
A boy lustfully touches, bumps or pushes you: You reply, "Excuse me, Sir."

Practice saying "Sir" at home in front of the mirror - Practice with your dad, brother, or male friends, too.

Boys, this is good defensive move for you against bullies (older or younger than you). Practice calling them "Sir".
If the bully is a girl call her "Ma'am". She responds with feminine grace or leaves your presence.

